

Creative Movement and Dance

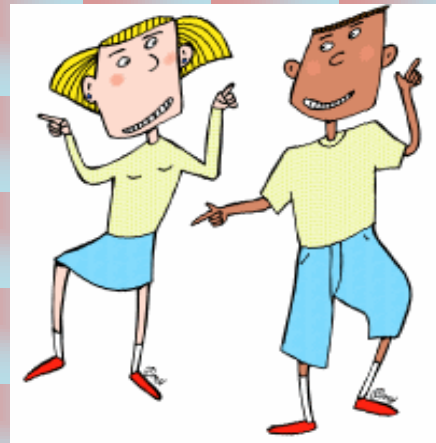
At Stepping Stones Therapy Center
34 Rogers Road, Bradford, MA

Instructed by: Heather Tinkham, BS, COTA/L

Creative Movement and Dance is a program designed to teach your child positive self-expression through dance and movement. Your child will learn a variety of dance styles including, hip hop, lyrical, modern, tap and jazz along with learning how to express themselves through movement and dance.

Benefits of Creative Movement and Dance:

- Increase Balance
- Increase Coordination
- Improve Motor Planning
- Increase Endurance and strength
- Increase Flexibility
- Improve social interaction
- Increase Self-esteem
- HAVE FUN!



~Please Contact Lynda Gallagher for further information~

978-373-7722, lynda@sstcinc.net

www.sstcinc.net