



Life Skills Training Program

The Arc of Greater Lawrence is working in conjunction with Stepping Stones to provide a community-based program for teenagers. Middle and High school students will have the opportunity to learn a variety of life skills as they rotate through four, 30 minute groups. Activities such as adaptive sports, arts and crafts, cooking, leisure activities, and vocational training will be offered.

Skills students will learn:

- Social skills
- Work behaviors
- Self help skills
- Simple Food preparation
- Maintenance
- Assembly and packaging
- Office and clerical skills
- Simple Carpentry
- Leisure skills
- And more...

While having lots of fun!

Classes are provided in small groups that are run by experienced therapists and educators. The Life Skills Program will be offered on Tuesday and Thursday nights from 5:30-7:30 and run for six weeks. Teenage volunteers will assist for peer models.

Cost: \$480.00 for non Arc members and \$300.00 for Arc members per six week Session.

Start Date: Tuesday, November 4, 2008

Ages: 13-22 years old



*For more information and to register call Lynda Gallagher at 978-373-7722
lynda@sstcinc.net*



If you are interested in finding out more about the Arc of Greater Lawrence please contact: Leah Frim, director at: lfrim@classinc.org

