



# Social Skills Groups

## Topics covered:

- Social greetings
- Self-regulation
- Maintaining topics
- Team work
- Cooperative play
- Understanding body language and facial expressions
- Building empathy
- Whole body listening
- Conflict resolutions
- Flexible thinking
- Remaining on a task

## Techniques:

- Role playing
- Second step activities
- Writing social stories
- Group games
- Drama and puppets
- Art projects
- Reading books
- Peer modeling

Classes are individually designed according to ages, abilities, and needs of the children and taught by experienced therapists and educators. For more information call Lynda Gallagher at 978-373-7722 and visit our web site at [www.sstcinc.net](http://www.sstcinc.net).

*Stepping Stones Therapy Center is a unique facility, dedicated to bridging the gap between clinic and school-based therapies.*

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